



Mary Lanning
HEALTHCARE

Foundation



Building Our Future

CONNECTING CARING HEARTS WITH QUALITY CARE

COVID-19 has changed so many things about our world over the past year and the healthcare industry was at the forefront of these challenges.

We saw our employees work countless hours to ensure that patients' needs were met. We are grateful to their dedication.

We have been thankful for partnerships in the community, including with South Heartland Health Department and other resources to ensure that care was possible at every stage of the pandemic. We also saw an outpouring of support from vendors and community members for masks, meals and financial support. We truly saw our community come together in a remarkable way.

Even with COVID-19 we were able to do some of our usual activities. Our annual golf tournament was held in July 27, 2020. We had 36 teams and raised just over \$15,000 to purchase a surgical instrument set for the surgery department, two baby bassinets for the Family Care Center and a vital stem for the Speech Therapy Department. In addition, we were able to purchase an additional nine bassinets from the special projects fundraiser and Give Hastings Day.

In 2021 we will continue support Mary Lanning Healthcare in our five key areas:

- Programs (ex: Healthy Beginnings and Home Away From Home)
- Equipment and Technology (ex: baby bassinets and stabilizing utensils)

- Student Scholarships (Nursing and Radiological Technology students)
- Capital Projects (Medical Office Building)
- Endowment

Thank you for being part of a community that supports our local hospital.

Sincerely,

Daniel Pauley, President
Board of Directors – Mary Lanning
Healthcare Foundation



2021 Mary Lanning Healthcare Foundation Board of Directors

Front: Dan Pauley - MLHF Board President, Susan Meeske - MLHF Chief Development Officer, David Stuehrenberg - Treasurer
Back: Sherrie Hollister - MLHF Fiscal Specialist, Rakesh Srivastava, Jerry Wallace, Allison Petr - MLHF Board Secretary, Jeff Kully, Doug Koopman, Colleen Werner, Eric Barber - MLH CEO, Anna Sandall, Tracy Oschner, Maddie Peterson - MLHF Events & Communications Coordinator, Mark Hemje, Nicole Terrell, Gary Anderson - MLH Board of Trustees, Shawn Nordby - MLH CFO, Mike Allen - MLH Trust
Not pictured: Carol Hoffman, John Hill, and Melissa Karloff - MLHF Board Vice President

Estate Planning



Mike Geis

Mike Geis, representative from Thompson & Associates, helps families design estate plans that reflect their values. Once a month, Mike meets privately for one

hour with each household to listen and talk about creating estate plans that reflect their unique lives. If the time is right for you and your family to create or update your will, please contact the Foundation and make a complimentary appointment with Mike now. Call (402) 460-5600.

Foundation Welcomes New Leader

In April 2021, Susan Meeske joined the Mary Lanning Healthcare Foundation as the Chief Development Officer. Most recently she was the Executive Vice President of Enrollment and Student Engagement at Hastings College. Previously she worked in marketing for Universal Studios and Walt Disney World. Susan looks forward to building on the positive momentum that was left by Mary Plock.



Susan Meeske

In February of 2021, Mary Plock retired as the Chief Development Officer at the Mary Lanning Healthcare Foundation. We are

so thankful to Mary who worked at the Foundation for over 21 years. She strengthened the annual fund and the endowment fund (which grew from just under \$1 million in 2013 to over \$5 million in 2020). She worked with board members to create a successful partnership with Thompson & Associates, offering estate planning to friends of Mary Lanning Healthcare. Mary initiated Community Business Leader Lunches with board members and hospital administrators, resulting in deeper, more meaningful relationships.



Mary Plock

I had the opportunity to work with Mike Geis this past year and I can't even put into words how helpful the process was! Mike explained everything so well and we worked through the process step by step. I have wanted to create a will for at least 5 years but didn't know where to start and it all seemed so overwhelming. Mike gave me tasks to complete at each meeting and at the end of the process, he put everything together in one comprehensive document. The Foundation gave me a list of lawyers in the area to complete the final documents which was very helpful as well. You just never know what tomorrow can bring for you & your family, so to have everything prepared gave me such great piece of mind. I would recommend Mike to everyone! He helped explain everything so well and really made me think about the future for my family. What an incredible opportunity we have available to our staff!

- Christina McDonald



Estate Planning has been a task of dread for me for over 30 years. After losing my sister at the young age of 27, my parents regularly encouraged me to complete my own estate plan. Despite their regular prompting, I put this task off for three decades.

However, when I heard about the estate planning services offered by Thompson & Associates with Mike Geis, I decided it was time to proceed with this important task. My husband, Russ, and I immediately felt comfortable with Mike and we had a great first meeting. Mike made a noticeable effort to get to know us, we felt a personal connection, and that made us feel supported and cared for throughout this process.

Mike is very knowledgeable, a great listener, and very easy to talk to. We enjoyed visiting with Mike and always looked forward to our upcoming meetings. Throughout our planning process, Mike always ensured that we understood the process and worked diligently to make certain that our wishes were appropriately captured. We are so grateful that we had the opportunity to work with Mike and Thompson & Associates on our estate planning. It was an easy and wonderful process. Mike is a tremendous resource and asset to Mary Lanning and the Hastings community.

- Amy and Russ Sealey

Proceeds from the 20th Annual Charity Golf Tournament

BASSINETS FOR FAMILY CARE CENTER

These state-of-the-art bassinets provide safety and security to families while bringing mothers close to their newborns, during the time when closeness matters most.

The previous bassinets began to degrade from extensive use of germ-fighting chemicals used to keep patients, their families and hospital staff safe. The new bassinets are weighted to stay upright and constructed of materials to withstand harsh cleaning chemicals required to maintain the highest hygiene standards. They also feature several compartments to conveniently store extra diapers and wipes as well as medical equipment.



Many of the Critical Access Hospitals in rural Nebraska and Kansas no longer deliver babies because they cannot attract qualified staff or manage the high cost of liability. Mary Lanning Healthcare outcome

numbers are evidence based and confirm more babies were born at Mary Lanning than any other hospital in the Tri-Cities. In 2019, 986 mothers delivered babies at Mary Lanning and nearly half (463) were

households from small towns as far away as Lodgepole, Wauneta, O'Neill and Wymore, as well as Webber, Kensington, Lebanon and Osborne in Kansas.

VITALSTIM FOR SPEECH REHAB

VitalStim Therapy is a non-invasive therapy that uses an electrical current to stimulate the muscles responsible for swallowing.

Sherrie Hollister, Fiscal Specialist at the Mary Lanning Healthcare Foundation, was involved in an accident after instructing an aquatics fitness class in August of 2020. After several weeks of unknowns and preparing for worst case scenarios, Sherrie and her family embarked on a long and prayerful journey – recovery! In addition to a myriad of other debilitating side effects, Sherrie's voice was impacted due to the trauma of being intubated. The VitalStim was implemented into her therapy regimen.

Sherrie said, "Therapy gave me my life back. With Tricia (speech therapist), I went from a noticeably lower registered voice back to my regular



Sherrie Hollister (left) and Tricia Weseman demonstrate the VitalStim machine.

voice. Diane and Brenda (physical therapists) helped me with exercises that eventually led to a full recovery.

Everyone there has my best interest and I'm grateful for their support."

What are we raising money for in 2021?

Preparations have already begun to make way for the new Mary Lanning Medical Office Building (MOB) This additional building will add 64,803 feet to the existing Medical Services Building. Construction on the \$25 million addition is tentatively planned to start October 2021 and is estimated to take 18-24 months to complete. The hospital is completing construction work that must be done prior to the ground breaking so the current MSB can be functional during the project. Once completed, the building will be called the Medical Office Building (MOB).

The top floor of the new MOB is planned to house the Bryan School of Nursing. This is the result of a partnership between Bryan Healthcare,



Mary Lanning Healthcare and Hastings College. This program will focus on recruiting nursing students from Central Nebraska. The students will live on the Hastings College campus and they will take classes on both the HC campus and in the MOB. This four year Registered Nurse (RN) program plans to graduate 30 new nurses each year which will

help develop a workforce for the hospital and the broader medical community.

This year, the Mary Lanning Healthcare Foundation will be raising money for the new medical office building and for student scholarships in an effort to attract and retain talent in the healthcare field.



Mary Lanning
HEALTHCARE
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Susan Meeske
Chief Development Officer



Maddie Peterson
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If you would like to update your contact information or wish to be removed from our mailing list, please call us at **(402) 460-5600** or send an email to shollister@marylanning.org.